



Moon Reflections

Aries The Road to your Goals

My goals at the beginning of the year

Do I need to re-calibrate? Is there a new goal? Is there a goal that doesn't resonate with me anymore? Do I need to reschedule a goal for later on?
(put a date, otherwise it's not rescheduling!)



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Have you found any challenges? How can you use them as fuel to grow and get better?

Have you found any obstacles? What new approach could you try? What new skill could you learn?

Have you found any criticism? What useful information could you take from that?

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SCALE the situation

START

CONTINUE

ASSESS

LESSEN

END